

What is HIGH FIVE®?

- ★ Canada's only quality standard for children's sport and recreation
- ★ If you provide sport and recreation programs for children, HIGH FIVE® has everything you need to ensure a comprehensive quality experience for your participants, staff and volunteers

Who Benefits?

Children

When children play they develop the physical, emotional, social and cognitive skills they need to succeed in life. Research proves that children stand the best chance of reaping these benefits from sport and recreation programs that are committed to quality.

Staff/Volunteers

HIGH FIVE® training ensures leaders, coaches, and instructors have the tools and knowledge to nurture a child's mental health and create positive experiences.

Community

Positive experiences in recreation and sport help children contribute more effectively as future community leaders.

How HIGH FIVE® can help

- ★ Training workshops and materials
- ★ Use of powerful performance measurement tools (QUEST)
- ★ Increased success rates at receiving funding/grants
- ★ Improved staff/volunteer morale and retention
- ★ Risk Management Tools
- ★ Increased customer satisfaction/fewer complaints
- ★ Educational/promotional resources for parents and leaders
- ★ Consultation and support from your HIGH FIVE® Authorized Provider



www.HIGHFIVE.org

Achievements

- ★ 1st and only **quality assurance standard** in Canada specific to sport and recreation
- ★ **Licensed** in British Columbia, Alberta, Saskatchewan, Ontario, New Brunswick, Nova Scotia, Prince Edward Island and Newfoundland and Labrador through Recreation Associations BCRPA, ARPA, SPRA, PRO, RNB, RNS, PEIRA, and RNL (Authorized Providers)
- ★ More than **half a million children** in communities across Canada are benefitting from participating in programs guided by HIGH FIVE®
- ★ More than **200 organizations** involved as Registered and Accredited Organizations including Municipalities, Boys and Girls Clubs, YMCA's, YWCA's, Colleges and Sport Organizations
- ★ More than **50,000 front line recreation and sport leaders, coaches, and instructors** have been trained in the Principles of Healthy Child Development
- ★ More than **6,500 supervisors and managers** have been trained in QUEST program assessment and policy measurement
- ★ More than **800 Trainers** have been certified across Canada to deliver HIGH FIVE® training to recreation and sport leaders, coaches and instructors
- ★ Launch of **HIGH FIVE® Sport** in Fall 2009
- ★ Now available in **French**

Can my organization register?

Any organization that provides recreation and sport programs to children aged 6 to 12 is eligible to become a HIGH FIVE® Registered Organization.

Where do we start?

Training for Leaders/Coaches

- ★ Principles of Healthy Child Development (PHCD) or HIGH FIVE® Sport to ensure each child's emotional needs are met and their mental health is nurtured

Training for Supervisors

- ★ QUEST 2 - to measure quality within programs
- ★ Database provided for tracking progress and identification of areas of need

Training for Managers

- ★ QUEST 1 - to develop and measure quality policies and procedures



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