

## QUEST 2 FAQs

### **How long does it take to do a Program Assessment or QUEST 2?**

Program Assessments usually take about 30-40 minutes to complete and then another 30-40 minutes to enter into the database. As you get more familiar with the process it should become quicker. The true value of doing these assessments will start to unfold as the number of program complaints and negative incidents will likely decrease as you start to identify and correct gaps in quality. In addition, given that most organizations do some form of program evaluation already, HIGH FIVE® is time well spent on targeted, research-based, scientifically-validated quality evaluation.

### **When doing a QUEST 2, if the condition is not obvious or does not apply, does it get a score of 0?**

If a negative condition does not apply, then the score should be 9 because there is no problem with the situation

### **What is the rationale behind aquatic programs requiring assessment of only 10% of programs?**

Many of the concepts included in the HIGH FIVE® Principles of Healthy Child Development (PHCD) training, are reflected in most aquatic training programs. While not all HIGH FIVE® PHCD concepts are included, recognition was given because aquatic leadership development focuses on an individualized, developmentally appropriate lesson tailored to each participant. As well, there is a serious focus on safety and supervision while in the pool and immediate deck area and a strong emphasis on enabling Mastery. While much of the focus in aquatic training programs is on skill development, the HIGH FIVE® Principles of Friends, Participation, A Caring Adult and Play are not specifically a focus. Given this, there is still a need to review aquatic programs on the basis of Principles of healthy child development to ensure that they meet HIGH FIVE® standards for quality in children's programs.

### **The leader-to-child ratios in aquatic programs tend to be significantly lower than most other general interest and camp programs, resulting in greater individualized attention. Does this mean the quality is better?**

The length of exposure time within the program is limited. Most aquatic programs are 30 minutes in length and run once a week over 8 to 10 weeks. Overall this means only five hours of program time within a session. A camp leader, by comparison, can be in charge of a larger group of children for up to 10 hours a day for five days a week, with less direct supervision. Some camp sessions are two weeks in length resulting in 100 hours of exposure to a leader. The opportunity for a lapse in program quality is significantly higher. While this is not always the case, given this greater time span, statistically there is more opportunity for problems. That is why HIGH FIVE® training and evaluation is so important in all areas of children's programming.

